Did You Know?
Dr. Alveda King

Did You Know? is a message for our times! For nearly four decades, abortion has invaded our lives, and the results have been devastating. In this publication, serious and dedicated pro-life activists examine the major issues concerning abortion and offer insight and solutions as we approach the return of the sanctity of life.

For too long, people have enjoyed the luxury of avoiding a hard examination of life questions, using common rhetoric such as, “I am not for abortion, but it’s not my right to tell someone else what to do with her body.” In Did You Know?, the authors refute common rhetoric with solid and sensible answers to those who make light of the issue at hand.

Startling statistics cited herein prove that blacks and other minorities have been targeted by the genocidal eugenics of reproductive racism. The authors debunk the rhetoric of “reproductive rights, healthy daleugenics of reproductive racism. The authors de-

Abortion methods are not safe—they are deadly, leaving millions of babies dead, mothers wounded in spirit and body, families destroyed, and a society struggling with the impact of the losses. The post-abortion testimonies cited are compelling. The physical and psychological risks are thoughtfully examined and prove to be more devastating than many realize.

For too long, the public has been unaware of the links abortion has to breast cancer and premature birth. Even in the cases of rape and incest, the repercussions of abortion are devastating. The authors cite alternative and effective solutions to abortion, such as help and healing for those who have experienced abortion, help and care centers, abstinence, and adoption.

Former abortionists join in the struggle and add their voices to the post-abortive parents. They affirm the personhood of the babies and discuss the development of the person in the womb. The rise of pregnancy support groups lends answers to those who challenge the sincerity of the pro-life movement. To those who ask, “What happens once a woman decides to keep her child?” the answers resonate. Pregnancy care centers and adoption programs are there to help. Abstinence plays a major role in the life affirming benefits of the pro-life movement. In using public platforms, pastors and community leaders have a remarkable opportunity to help “set the captives free.” Pastors and leaders are challenged to step out of the traditions of man, many of which are steeped in the false rhetoric of Margaret Sanger, and to tell the people the truth.

If Dr. King’s dream is to have true meaning, babies’ civil rights must also be respected. Dr. King once said, “The Negro cannot win if he is willing to sacrifice the futures of his children for immediate personal comfort and safety.” Although Dr. King once accepted an award from Planned Parenthood, his positions on non-violence would lead us all to question the violence of abortion, and to indeed cry out today, “We shall overcome…abortion.”

Dr. Alveda King is a civil rights activist, speaking out on behalf of all life. She is the niece of Dr. Martin Luther King, Jr., a pastoral associate for Gospel of Life Ministries, and founder of King for America. She is a published author, producer, and songwriter who writes about her own post-abortive experiences in her books: Sons of Thunder: The King Family Legacy; How Can the Dream Survive if We Murder the Children; and Who We Are in Christ Jesus. To contact Dr. King, call 888-735-3448, email info@gospeloflife.com, or visit www.gospeloflife.com.

FACTS & STATS

- On January 22, 1973, the U.S. Supreme Court legalized abortion through all 9 months of pregnancy.1
- Since abortion was legalized in 1973, the lives of over 51 million pre-born babies have been extinguished.2 At least 13.85 million of these abortions were African American babies.3 We know this estimate is low because, with a few exceptions, no abortion data is available for Alaska, California, Oklahoma, West Virginia, and New Hampshire in years before 2004.
- White women are 61% of the female population and account for 36% of all abortions, black women are 14% of the female population and have 30% of abortions, and Hispanic women are 15.8% of the female population and have 25% of abortions.4,5
- Over 37% of African American pregnancies end in abortion.6
- Abortion is the leading cause of death among African Americans. In fact, you can stack deaths from HIV-AIDS, violent crime, accidents, cancer, and heart disease one on top of the other and still not come close to the 13.85 million black babies that have died by abortion since 1973.7
- Abortion has reduced the African American population by 33%.8,9
- Between 1882 and 1968, 3,446 Negroes were lynched in the United States.10 That number is surpassed within 3 days by abortion. Abortionists snuff out the lives of approximately 1,219 African American children each day.11,12

Dr. King once said, “The Negro cannot win if he is willing to sacrifice the futures of his children for immediate personal comfort and safety.”

DID YOU KNOW?

White women are 61% of the female population and account for 36% of all abortions, black women are 14% of the female population and have 30% of abortions, and Hispanic women are 15.8% of the female population and have 25% of abortions.4,5

Abortion is the leading cause of death among African Americans. In fact, you can stack deaths from HIV-AIDS, violent crime, accidents, cancer, and heart disease one on top of the other and still not come close to the 13.85 million black babies that have died by abortion since 1973.7

Abortion has reduced the African American population by 33%.8,9

Between 1882 and 1968, 3,446 Negroes were lynched in the United States.10 That number is surpassed within 3 days by abortion. Abortionists snuff out the lives of approximately 1,219 African American children each day.11,12

Dr. Alveda King, founding member of Human Life Alliance.11

Get More Copies!

Contact Human Life Alliance (HLA), a non-profit, prolife, educational organization committed to protecting life from fertilization to natural death. HLA seeks to raise awareness of the humanity of the preborn and expose the gruesome realities of abortion; oppose euthanasia in all its forms; and promote chastity and abstinence until marriage. Human Life Alliance has distributed publications in more than 55 different countries on all seven continents, reaching more than 166.7 million people.

hlaphilanthropy.net; and the King Family Foundation.


info@gospeloflife.com, or visit www.gospeloflife.com.
The vision of Planned Parenthood, founded in 1916 by Margaret Sanger, became the working arm toward eugenic goals. The stated vision was “reproductive freedom” through legalization of contraceptives to be used by the wealthy and imposed Eugenic Sterilization Laws as “birth control” for everyone else. The organization most responsible for propagating the bigoted concepts of “Social Darwinism” is the American Eugenics Society. Founded in the early 1900s, this organization was the sister organization of the British Eugenics Society which embraced the white—more specifically, the Anglo-Saxon—race supremacy doctrine. In the United States, eugenics became more than an abstract philosophy. It degenerated into an active campaign to eliminate all those deemed inadequate and resulted in a worldwide crusade to abolish all human inferiority.1 The American Eugenics Society fostered the Jim Crow Laws of the South and Eugenic Sterilization Laws nationally, the anti-Semitic doctrine that encouraged Nazi Germany during the Jewish Holocaust, and defined South-African Apartheid.

Despite claims that Margaret Sanger was not a racist or an anti-Semite, the fact remains that “she openly welcomed the worst elements of both into the birth control movement.”2 Henry Pratt Fairchild who wrote, “Birth control and eugenics are by nature closely related, and neither one can attain its complete fulfillment, or render its maximum service to society, without the other,” and Lothrop Stoddard, author of The Rising Tide of Color Against White World Supremacy, were two of many eugenacists who worked closely with Sanger.

Historical documents prove that Planned Parenthood acted as the willful arm of the American Eugenics Society and developed a plan, the Negro Project, as a propaganda program to infiltrate the black community with a “birth control for health” campaign through their civic leaders.

Margaret Sanger expressed disdain for the poor and disabled whom she frequently dubbed “unde-serving,” “unfit,” and “dyssgenic.” Her call for their sterilization and segregation is well known and is likely to have been the motive behind her “Negro Project.”3

Lest one think reproductive racism was merely an issue of the past, current numbers prove the problem persists. Racial targeting by abortion providers, Planned Parenthood being the foremost national provider of abortions, has demonstrably resulted in a disproportionate number of minorities obtaining abortions. While women are 61% of the female population of child-bearing age and have 36% of all abortions, black women are 14% of the female population of child-bearing age and have 30% of abortions, and Hispanic women are 15.8% of the female population of child-bearing age and have 25% of abortions.4

According to updated census reports, African Americans are no longer the largest U.S. minority population.3 Abortion and population control have taken a devastating toll on the African American community.

Akua Furlow is the author of the book The Tuskegee Syphilis Study—What Really Happened and is a nationally sought-after speaker on issues related to population control and bioethics. To contact Akua Furlow, call (713) 645-2442 or email g.kuwie@gmail.com

---

1 Black, Edwin. War Against the Weak: Eugenics and America’s Campaign to Create a Master Race. 2003.
2 Ibid. │3 Birth Control Review. January 1933.
3 Letter from Sanger to Dr. W. E. Burghardt DuBois, 11 November 1930. DuBois served as director of research for the NAACP and as the editor of its publication, The Crisis, until 1934. │4 Sanger, Margaret. The Pivot of Civilization. 1922.│5 U.S. Census Bureau. 2009. │6 Guttmacher Institute. May 2010. │7 For full citations visit www.humanlife.org/did_you_know.php.

---
Fertilization

The sperm joins with the ovum to form one cell. This one cell contains the complex genetic makeup for every detail of a new human being—the child’s sex, hair and eye color, height, skin tone, etc. From that moment on nothing new is added but oxygen, nutrition, and time.

1st Month (1-4 Weeks)
The first cell divides in two, and cell division continues as the newly formed individual travels down the fallopian tube to the uterus. Over 500 cells are present when this tiny embryo (the blastocyst*) reaches the uterus 7 to 10 days after fertilization. The jaw forms, including teeth and taste buds. The baby begins to swallow amniotic fluid, and some have been observed hiccuping. During this time, the stomach produces digestive juices, and the kidneys begin to function. Fingers and toes are developing, and at 7 weeks the chest and abdomen are fully formed. Swimming with a natural swimmer’s stroke in the amniotic fluid, she now looks like a miniature human infant.

3rd Month (9-12 Weeks)
Unique fingerprints are evident and never change. The baby now sleeps, awakens, and exercises her muscles by turning her head, curling her toes, and opening and closing her mouth. Even though mom cannot feel movement yet, the baby is very active. She breathes though mom cannot feel movement yet, the baby is very active. She breathes

4th Month (13-16 Weeks)
By the end of this month, the baby is 8-10 inches in length and weighs about ½ pound. Her ears are functioning and she hears her mother’s heartbeat, as well as external noises like music. Mom begins to feel the baby’s movement—a slight flutter at first that will become stronger. Lifesaving surgery has been performed on babies at this age.

5th Month (17-20 Weeks)
If a sound is especially loud, the baby may jump in reaction to it. Thumb-sucking has been observed during the fifth month.

6th Month (21-24 Weeks)
Oil and sweat glands are functioning. The baby’s delicate skin is protected in the amniotic sac by a special ointment called vernix. She grows rapidly in size and strength while her lungs become more developed.

7th Month (25-28 Weeks)
The baby can now recognize her mother’s voice. She exercises by stretching and kicking as she grows even bigger. She uses the senses of hearing, touch, and taste, and she can even look around with open eyes at her watery home. If the baby is a boy, his testicles descend from the abdomen into the scrotum. The skin begins to thicken, with a layer of fat stored underneath for insulation and nourishment. The baby swallows a gallon of amniotic fluid per day and often hiccups.

8th Month (29-32 Weeks)
The skin begins to thicken, with a layer of fat stored underneath for insulation and nourishment. The baby swallows a gallon of amniotic fluid per day and often hiccups. Though movement is limited due to cramped quarters, the baby’s kicks are stronger, and mom may be able to feel an elbow or heel against her abdomen.

9th Month (33-36 Weeks)
Gaining a half pound per week, the baby is getting ready for birth. The bones in her head are soft and flexible to more easily mold for the journey down the birth canal. Of the 45 generations of cell divisions before adulthood, 41 have already taken place. Only four more come before adolescence. Ninety percent of a person’s development happens in the womb.

2nd Month (5-8 Weeks)
By 6 weeks, brain waves can be detected by electroencephalogram and the brain is controlling 40 sets of muscles as well as the organs. The jaw forms, including teeth and taste buds. The baby begins to swallow amniotic fluid, and some have been observed hiccuping. During this time, the stomach produces digestive juices, and the kidneys begin to function. Fingers and toes are developing, and at 7 weeks the chest and abdomen are fully formed. Swimming with a natural swimmer’s stroke in the amniotic fluid, she now looks like a miniature human infant.

10th Month (37-40 Weeks)
Unique fingerprints are evident and never change. The baby now sleeps, awakens, and exercises her muscles by turning her head, curling her toes, and opening and closing her mouth. Even though mom cannot feel movement yet, the baby is very active. She breathes though mom cannot feel movement yet, the baby is very active. She breathes
Partial-Birth Abortion or Dilution and Extraction (D&X)

After undergoing two days of dilation, the abortionist performs an ultrasound to locate the child’s legs and feet. The abortionist then uses a large forceps to grasp one of the baby’s legs. He pulls firmly, forcing the child into a face-down position. Using his hands instead of forceps, the abortionist delivers the baby’s body in a manner similar to a breech birth. The baby’s head remains inside the birth canal. The abortionist uses surgical scissors to pierce the child’s head at the base of the skull. The scissors are forced open to enlarge the skull opening. The abortionist then inserts a suction catheter into the brain and vacuums out the child’s brain tissue with a machine 29 times more powerful than a household vacuum cleaner. The child is then forced out in death. In the 2007 decision Gonzales v Carhart, the Partial-Birth Abortion Ban Act of 2003 was upheld; however, this does not limit the frequency of late-term abortions. The “Bann” merely regulated one method used in late-term abortions. It is still legal for a doctor to kill a child up until the time he or she is born using a modified version. The baby can be delivered up to the navel and then killed.†

ellaOne – Ulipristal Acetate (UPA)

ellaOne is a selective progesterone receptor modulator (SPRM). SPRMs block the action of the hormone progesterone, which is necessary for ovulation and implantation to occur. Progestosterone also maintains the lining of the uterus and supports the embryo. Currently, the only other legal SPRM drug available in the United States is RU-486 (mifepristone). Although ellaOne acts similarly to RU-486, it is being billed as an emergency contraceptive. 2 ellaOne is designed to be taken as a single dose within 5 days of “unprotected sex.” It is thought to inhibit and delay ovulation, attempting to prevent fertilization. However, ovulation may or may not have already occurred before ellaOne was taken. ellaOne also alters the lining of the uterus, which, if fertilization occurs, can prevent an embryo from implanting, causing an abortion. 2,3

RU-486 – Mifepristone (The Abortion Pill)

Mifepristone blocks the action of the hormone progesterone, which is needed to maintain the lining of the uterus providing oxygen and nutrients for the baby. Without it, the baby dies. Mifepristone is used in conjunction with the drug Cyototec (misoprostol), which is taken within 2 days after Mifepristone, causing uterine bleeding (sometimes profuse), strong contractions, and expulsion of the baby.

The pregnant woman first visits the abortionist to obtain the Mifepristone pills, returns two days later to receive misoprostol, and a third time to verify that the abortion is complete. The failure rate of this method is about 8% if the pills are taken within 7 weeks and up to 25% at 8-9 weeks. If the baby survives the abortion, there is an extremely high risk that he or she will suffer mental and/or physical birth defects from the misoprostol. 5,6

Dilation and Suction Curettage (D&C)

This is similar to the vacuum aspiration. However, after the baby is suctioned out of the uterus, the abortionist inserts a curette, a loop-shaped steel knife, up into the uterus. The abortionist cuts the placenta and umbilical cord into pieces and scrapes them out into a basin. The uterus is again suctioned out to ensure that no body parts have been left behind. Bleeding is usually profuse. 7,8

Dilation and Evacuation (D&E)

Once the cervix is dilated considerably farther than in first trimester abortions, the abortionist inserts a narrow forceps that resembles a pliers. This instrument is needed because the baby’s bones are calcified, as is the skull. The abortionist inserts the instrument into the uterus, seizes a leg or other part of the body and, with a twisting motion, tears it from the baby’s body. The spine is snapped and the skull crushed. Body parts are then reassembled and counted to make certain that the entire baby has been removed and that no parts remain in the womb. 9,12,13,14

Induction or Prostaglandin Abortion

Labor is induced using prostaglandin drugs and the cervix is dilated. To ensure the baby will be dead upon delivery and to start uterine contractions, the abortionist may inject saline (salt water) or urea (a substance found naturally in urine and blood). To guarantee against a live birth and legal complications, doctors will inject the drug Digoxin or potassium chloride directly into the baby’s heart to kill the child before delivery. Other times the baby is delivered alive and left without medical intervention until he or she dies. 15 This method is used in the second or third trimester. 16

Reflections of an Ex-abortionist

The process of becoming an abortionist is an insidious one that begins with early indoctrination. Medical education introduces students to contraception and abortion as a choice if an unwanted pregnancy arises out of failed contraception. When issue a medical student research, organ donation, and tissue transplantation and harvesting, and ultimately human cloning.

The abortion issue is politically charged and is a major factor in nominating political candidates, determining Supreme Court appointees, and influencing international policies. The United Nations’ aid programs have now become a source of extortion for third world countries striving to maintain their anti-abortion stance. So what causes a dehumanized physician to stop doing abortions? The prayers of the righteous. An abortionist’s heart is so hardened that no words, no picketing, no human effort can change it. She may also desire to practice mainstream medicine because primary care OB-GYN physicians who practice abortion do not usually have a decent reputation or a thriving medical practice. Abortionists bear the scourg of being the scum of the medical profession. The average woman would not choose an abortionist as her primary care physician.

Even after the Lord changes an abortionist’s heart, there is a process of rehumanization that must occur in order to bring healing and reconciliation for years of perpetrating the ugliest of crimes against humanity. Dr. Noreen Johnson is a former abortionist. She now serves as the Education Coordinator for LEARN, Inc. To contact Dr. Johnson, call 910-485-9593 or visit www.humanlife.org.

A recent study found that 62.5% of abortion clinics are located in the inner city and in neighborhoods where poor and minority people live.

**Notes:**


---

**Advertising Supplement** | humanlife.org 5
I n 1972, a government commission to study population growth recommended that states eliminate legal restrictions and make contraceptives available to minors in schools. Teachers and school administrators were to receive training and curriculum integrated with family planning information. Shortly after, African American teenagers from single-parent homes were identified as high-risk of pregnancy and in need of specialized services through school-based clinics (SBCs). Researchers also documented that since whites managed to avoid illegitimacy, African American adolescents who were given “social rewards for motherhood” were to be the primary focus of fertility-related services. Although African Americans are only 13% of the population, SBCs are concentrated in schools that are attended by black children.  

Reversal of parental consent laws in 1977 allowed the SBC staff to remove a girl from school for an abortion without informing her parents. Planned Parenthood instructs the student that she does not have to inform her parents about an abortion or sterilization. While school nurses may not give a child an aspirin without her parent’s consent, SBC nurses perform pelvic examinations and prescribe medications. 

From a 2010 paper presented by La Verne Tolbert, Ph.D. To read the entire article visit www.humanlife.org/did_you_know.php

---

**PREGNANT AND SCARED?**

If you’ve ever seen a billboard, newspaper or phonebook advertisement posing this question, chances are you’ve seen an ad for a pregnancy care center. Unless you (or someone you know) were actually the one who was “pregnant and scared,” you probably took little notice of what was being offered and have likely never been to a pregnancy care center to find out. If this is true, please read on. 

A pregnancy care center is a place where girls and women who are (or think they are) pregnant can find caring, supportive people to provide a free pregnancy test and free counseling based on the results of the test. If the woman is pregnant, a counselor will lovingly ask how she feels about being pregnant and what she plans to do. The counselor will comfort her and offer to support her throughout her pregnancy and during the beginning of the parenting process. If she is considering terminating the pregnancy, her counselor will offer to discuss other options. Through the pregnancy care center she can receive ongoing counseling, baby supplies, birthing classes, nutrition classes, parenting classes, assistance connecting with other social services and more. All of this support is provided to her free of charge. 

Unlike most community clinics where she is just another “number” or “name on a list,” when she steps into a pregnancy care center she will meet people who care about her physically, emotionally, mentally, socially, and spiritually. 

She will have someone who cares on her side—someone who will listen to her, help her think her decisions through, and encourage her to make the healthiest possible choices. The relationship begun with her counselor at the pregnancy care center will often last years beyond her pregnancy. 

Pregnancy care centers also counsel women who have experienced abortion, enabling them to process buried emotions in a safe, supportive environment. 

If someone you know is pregnant and scared, be a friend and say, “It is not traumatic!” I was stunned by her insensitivity and chilled by her icy stare. 

Continuing on the board, I learned about the biggest challenge that PP of New York City faced. For every abortion that was performed, the Department of Health had to issue a death certificate. Death certificates? Did that mean the babies were alive? As Dr. La Verne Tolbert became involved with Planned Parenthood (PP) through a group called the Coalition of 100 Black Women. When a speech I made at an international conference received media coverage, I was invited to join the Planned Parenthood board. After attending a number of board meetings, I noticed that several board members arrived in chauffeured limousines. I wondered why these men of wealth were so interested in people who lived in the inner-city. 

The majority of the board members were male, and the handful of women appeared to be much older than my twenty-seven years. I was the only person of color on the board. 

During the course of my five-year tenure, we received a lot of literature discussing population control and concern for the growing number of poor people in the United States and developing countries. As a black woman, I wondered why abortion was more necessary for my ethnic group and why this organization fought so hard to give us this particular “right” when the rights for my ethnic group and why this organization fought so hard to give us this particular “right” when the rights for my ethnic group and why this organization fought so hard to give us this particular “right” when the rights for my ethnic group and why this organization fought so hard to give us this particular “right” when the rights for my ethnic group and why this organization fought so hard to give us this particular “right” when the rights...
DENISE’S STORY:
I should have been playing with dolls. Instead, I was playing with the notion of having sex—fully armed with free birth control from our neighborhood Planned Parenthood and eager to lose my virginity—all by the age of 12.

Like so many, I too was taken captive by the free love movement and the Pandora’s box opened by my seventh grade sex education classes. Encouraged by media and pop culture, we were given the green light to adopt the requisite loathing of traditional values of purity and abstinence until marriage, in order to “live the life we wanted.”

College dorm life was a sexual free for all. By age 25, I had been with 49 sex partners, aborted 3 babies, (what a sanitized way of saying that I killed 3 people), contracted one STD, and became part of an ill-fated marriage.

Throughout my adolescence, college and young adult years I was spiritual, but not moral. I was my own god, and I worshipped myself. I made up the rules. I was determined to have my career and fulfill my mandate. Nothing, no one, and the green light to adopt the requisite sanitized way of saying that I killed 3 partners, aborted 3 babies, (what a searing through your heart like a hot pounding through my brain; not because I wanted to die, but because I just wanted to stop the pain.

Somehow on my way to the American dream it did not even dawn on me that the initial relief I felt after the abortions was supposed to last forever, but immediately following the third abortion, a deep, unconscious rage gained fervor and began to silently roar. I coped by following my boyfriend Brian’s (later became husband) advice to “forget about it; let’s not talk about it anymore” and dismissed my pain. Inwardly, I was appalled, but outwardly his advice seemed right since all that was lost were “blobs of tissue”—right?

I tried over and over again to get on with the American dream, but it continued to elude me. I had unknowingly joined the ranks of the millions of post-abortive walking wounded, and it put my life into a total subconscious tailspin for the next 20 years.

The first 17 years of my marriage were plagued with emotional firestorms. Where was all this rage coming from? Why couldn’t I seem to get on with life, or get my life in order? My husband is a faithful, hard-working, kind, loving, and handsome man, yet I could not stand the sight of him. Four months prior to our African wedding he abdicated his role as my hero and protector by insisting on the abortion of our first child together. To make matters worse, after the birth of our first child a year later, he sent me to the welfare office. Wasn’t abortion supposed to keep me off of welfare and propel me into the American dream?

Even though I unconsciously despised him for it and blamed him for everything that was wrong with our lives, I did not realize until many years later how tortured, fractured, and bleeding both of us were because of our abortions.

Day after day I wandered around in a hopeless sea of silent, unconscious grief—hating my husband— but hating myself more. I finally got to go to law school, but I ate my way through it and gained 100 pounds more. Suicidal thoughts frequently rattled through my brain; not because I wanted to die, but because I just wanted to stop the pain. 

To read the unabridged versions of these true stories go to www.humanlife.org.


Rev. Brian & Rev. Denise Walker founded Everlasting Light Ministries which is dedicated to exposing the lies about abortion, revealing the truth about its genocidal effects, and re-establishing the culture of marriage in the African American community. They co-authored and conduct Rich in Mercy, an abortion and miscarriage recovery program, and Everlasting Love, a marriage enrichment and restoration course.

The Walkers are seasoned communicators appearing as guests and co-hosts on radio; keynote speakers at statewide and local conferences and pro-life events; and seminar presenters.

To contact the Walkers, call 763-560-8383 or email briananddenise@mn.com.
Abortion & Premature Birth

Prematurity, defined as a birth prior to 37 weeks gestational age, is one of the most challenging public health issues in America. Nearly 13% of all babies born in the United States are born preterm. Despite a 3% drop this past year, the US preterm birth rate has risen 38% between 1980 and 2008. In developed nations, preterm birth is the leading cause of death in newborns. While medical advances allow for infants as young as 22 weeks to survive, surviving premature infants are at risk for multiple complications. The complication rate is highest for those that are very preterm births, or VPBs (<32 weeks), and increases dramatically at the youngest gestational ages. The severe long term complications can be devastating and include autism, vision impairment or blindness, cerebral palsy, and mental retardation.

While preterm birth rates have soared nationally, there are clear disparities in the effect this epidemic has had on different racial and ethnic communities. The African American community has been the most severely affected. From 2004-2006 the rate of prematurity in the black community was 18.3%. The rate for Hispanics was 12.1%, and whites, 11.6%. More distressing is the disparity in the rates of very preterm births, the smallest and most vulnerable babies. The rate of such deliveries is 4.1% for blacks, 1.8% for Hispanics, and 1.6% for whites. The black community suffers a VPB rate that is nearly three times that of other groups.

Preterm birth does not appear to have a single cause or a single cure. One association which is little discussed but scientifically demonstrated is that of abortion and prematurity. Eighteen studies have shown a statistically significant increase in the risk for VPBs in women who have had a prior induced abortion. Similarly, studies have shown an even higher risk for VPB in women with a history of multiple induced abortions.

In 2009 two studies were published that employed rigorous meta-analysis techniques to review 41 prior studies of abortion and prematurity. The first study determined that a single prior induced abortion increases the risk of a future VPB by 64%. The second reported that a single prior induced abortion increases the risk by 35%, while more than one induced abortion increases the risk by 93%. The established scientific association between abortion and prematurity is sadly news to many, despite the fact that the literature regarding this link is larger and stronger than that for other commonly accepted associations with prematurity.

The rate of abortion of black infants is three times the rate of abortion for white infants. The rate of VPBs in the black community is also near three times the rate experienced in other groups. It is outrageous given the current evidence that this issue is never officially addressed by healthcare policy and political leaders.

This crisis manifests itself not only in the high death rate for infants that are of VPB, but in lifelong disabilities that many of the smallest infants and their families endure.

Following the publication of the 2009 meta-analyses, I told an obstetrical colleague that I felt the medical establishment had betrayed public trust by not communicating this risk of prematurity to women considering abortion. I was told that no one could expect an “emotional woman” considering an abortion to be capable of processing the potential impact an abortion might have on her distant, reproductive future. I responded that abortion is far from an emergency procedure, and even in true emergency cases where time is precious, we would consider it malpractice not to offer such information to a conscious and likely distressed patient.

Clearly others think differently, but I have no doubt that patients would prefer that they, not self-appointed medical caretakers, decide what impact the abortion-prematurity link might play in their future reproductive lives.

Dr. Martin J. McCaffrey, a retired Captain of the United States Navy, is an Associate Professor of Pediatrics in the Neonatal Perinatal Department of Pediatrics at the UNC School of Medicine, Chapel Hill, NC. To contact him email mmccaffrey3@nc.rr.com. To read the unabridged version of this article visit www.humanlife.org/did_you_know.php.


*For full citations visit www.humanlife.org/did_you_know.php

Abortion & Breast Cancer

A Woman’s Natural Way of Resisting Breast Cancer

Women who experience at least one full-term pregnancy in their lifetime develop four types of breast lobules (a lobule is a unit of breast tissue consisting of a milk duct and glands). During adolescence, the majority of lobules are Type 1 and Type 2, which are immature and cancer susceptible. Throughout the first trimester of pregnancy, the number of Type 1 and 2 lobules rapidly increase. As a result, breasts have more sites for cancer to start. In the second trimester, the breast lobules start maturing into Type 4 lobules, which are cancer resistant. By the end of the third trimester, 85% of the breast has fully matured. Only 15% of the lobules remain immature and cancer susceptible, leaving fewer opportunities for cancer to start. After birth and weaning, Type 4 lobules regress to Type 3. There is evidence of permanent changes in the genes of Type 3 lobules which provide life-long cancer resistance.

How does abortion affect this process?

A premature delivery before 32 weeks doubles the risk of breast cancer because it leaves the breast with more places for cancer to start. In the same way, abortion also stops the progression of breast lobule development. This prevents the development of Type 4 and subsequently Type 3 cancer resistant lobules. Induced abortion of a normal pregnancy results in increased risk of breast cancer for the mother since more Type 1 and 2 lobules remain.

What about miscarriages?

Approximately 90% of miscarriages occur in the first trimester. However, the vast majority of natural miscarriages in the first trimester do not increase the risk of breast cancer. In these cases, pregnancy hormones are lower than those of a normal pregnancy due to either a fetal or ovarian abnormality. Therefore, a breast may not have grown more Type 1 and 2 lobules (sites where cancer starts) in response to pregnancy hormones, or at least very few.

Adapted with permission from:

Recommended Resources: See www.bcpinstitute.org and www.abortionbreastcancer.com

The Biology of Breast Development

- Type 1
- Type 2
- Type 3
- Type 4

After adolescence, a woman has Type 1 and Type 2 lobules.

1st trimester - increase in Type 1 and Type 2 lobules leads to increased cancer risk.

End of 3rd trimester - 85% of lobules become cancer resistant Type 4.

After birth and weaning, lobules become lifetime cancer resistant Type 3.

For more information on this subject visit: www.bcpinstitute.org/reproductive.htm.


**What Have YOU Heard About Adoption?**

**MYTH: My baby won’t have a healthy life growing up with parents who aren’t like him.**

**FACT:** Whether her concern is racial differences or love and acceptance from parents who are not biologically related to her child, with adoption, a woman can choose to ask questions and get to know prospective adoptive parents BEFORE deciding if adoption would be a good plan. Adoptive families have also been prepared for and approved by licensed social workers for adoptive parenting.

**MYTH: If I had faith, God would provide a way for me to raise my baby on my own.**

**FACT:** There are many times when a woman facing unplanned pregnancy receives confusing advice from her church, family, or pastor. Sometimes God’s solution is not for a mother to parent her child directly at this time in her life. He won’t always supply diapers, food, or rent, but He will always make available a way for a mother to provide for her child. Through adoption a woman can provide a life for her baby if she is unable or does not want to parent. Adoption is a loving choice, a choice of faith, hope, and redemption.

**MYTH: I’d never forgive myself.**

**FACT:** Women who choose abortion report greater incidents of guilt, self-doubt, and regret than do women who made adoption plans. Through adoption there is FREE counseling available, both before a woman makes her decision and for life after an adoption. She can even talk with other birth mothers for their experience and support. With open adoption, a woman can find peace knowing her child is doing and seeing the family she helped to create.

**MYTH: Our family doesn’t give babies away.**

**FACT:** Informally, private adoption has long been a part of American family life, particularly within African American communities. Children have grown up with parents who are technically aunts, grandparents, siblings, neighbors, or close loved ones. Open adoption allows for the same close relationship to develop before a child is born. Many birth parents share a feeling of extended family when they describe their relationship with their child’s adoptive family.

**MYTH: There aren’t families who want to adopt black babies.**

**FACT:** In the US there are adoptive parents of all backgrounds hoping to adopt an African American or biracial baby. A woman can choose from a variety of African American and biracial adoptive parents, as well as Caucasian parents who have previously adopted transracially, or who are childless and hoping to adopt a child of any race. EVERY child is adoptable!

**MYTH: Our family doesn’t give babies away.**

**FACT:** Informally, private adoption has long been a part of American family life, particularly within African American communities. Children have grown up with parents who are technically aunts, grandparents, siblings, neighbors, or close loved ones. Open adoption allows for the same close relationship to develop before a child is born. Many birth parents share a feeling of extended family when they describe their relationship with their child’s adoptive family.

**MYTH: If I had faith, God would provide a way for me to raise my baby on my own.**

**FACT:** There are many times when a woman facing unplanned pregnancy receives confusing advice from her church, family, or pastor. Sometimes God’s solution is not for a mother to parent her child directly at this time in her life. He won’t always supply diapers, food, or rent, but He will always make available a way for a mother to provide for her child. Through adoption a woman can provide a life for her baby if she is unable or does not want to parent. Adoption is a loving choice, a choice of faith, hope, and redemption.

**MYTH: I’d never forgive myself.**

**FACT:** Women who choose abortion report greater incidents of guilt, self-doubt, and regret than do women who made adoption plans. Through adoption there is FREE counseling available, both before a woman makes her decision and for life after an adoption. She can even talk with other birth mothers for their experience and support. With open adoption, a woman can find peace knowing her child is doing and seeing the family she helped to create.

It’s vital that a woman understand the facts about adoption before deciding if it would be a good solution for her situation. With proper support, adequate resources, counseling, and time to decide, a woman facing an unexpected pregnancy can make a plan through adoption to provide a life for her baby and pursue goals for her own future.

For the latest information about open adoption:

1-800-923-6784

www.AfricanAmericanAdoptionsOnline.com

www.Biracial-Adoptions.com

Request a free book recommended for ANY woman facing unplanned pregnancy at:

www.FreeAdoptionBook.com

As a single lady, I was president and CEO of my own company. If you wanted to apply for the position of janitor, you had to fill out an application with your full name and previous employers and get a criminal background check. I required this all before you even got a personal interview! And this was just to clean my toilet. Why would I expect anything less from someone with whom I’m going to take off all my clothes and have sex with? At least I knew the real name and address of the janitor who “serviced” me last week, which is more than the cast of “Sex in the City” required of their liaisons.

I never felt that I had to have a man in my life to be happy and fulfilled. I found my greatest fulfillment in serving, whether it was by helping orphans in Africa, building water projects, or being an advocate for youth.

Therefore, I never felt “thirsty” in my search for “Mr. Right” or settled for a series of “Mr. Right Nows.” Was I ever lonely? Rarely, but I knew I was never alone. Didn’t I desire male companionship? Of course, and I had countless male friends, always knowing that the friendship that caught on fire would be “the one,” and it was. I’ve been happily married several years now to “Mr. Wright,” and I always remind him that this now makes me “Mrs. Always Wright.”

Lakita Wright is a speaker, social commentator, and author of The Naked Truth: About Sex, Love, and Relationships. She is a consultant to Hollywood, the U.S. government, and several other nations on HIV/AIDS, teen pregnancy, and the impact of media on youth culture. She is currently involved in television production and resides near Chicago, Illinois. To contact her, email lakitagw@facebook.com or visit www.thenakedtruthaboutsex.com.
We are at a very critical time in the history of our nation. It is a time when we cannot put off doing the right thing and doing it right now. America is in jeopardy of total destruction, and the greatest enemies to its freedom, liberty, and the right to life are many of its elected leaders. We have lost our moral compass, and we are adrift in a sea of moral and spiritual decay. We have become a nation that will fight to destroy civil rights to children in the womb. In March 2010, our elected leaders passed a so-called health reform bill that funds the killing of innocent babies. The question is: Where are the civil rights for these children? During the last 37 years, more than 51 million children have been killed by abortion.

Consequently, countless women, men, and families have been hurt and destroyed by the lie called a "woman's right to choose." The African American community has been devastated by abortion. It is predicted that in the year 2050 we will destroy the women's right to choose.

We would still be the largest minority in this country if over 13.85 million of our precious seed had not been killed by abortion.

Right now we need God fearing leaders who are not afraid to step up and save America from itself. It must be done and it must be done now! The very existence of this nation as a fortress of freedom, is at stake. America, with all of its imperfections, is still the best hope of a people crying for freedom and life.

There is truly a radical element that is in power today. It is one that denies the founding truths that have made this nation a haven for the broken, the poor, and the lost. The new agenda is one of ungodliness and deception. It would choose a so called "health care plan" at the expense of killing children. We must organize and defeat these folks at the polls. We must retire them immediately from the halls of government whether they are Democrats, Independents, Republicans or any other party. Another child killed is just one too many.

The founding documents of this country are rich with the truth of God's Word, and we must use these truths as the compass that will guide us out of this bloody and thick darkness. The Bible says, "When the righteous are in authority, the people rejoice; but when the wicked bears rule, the people mourn." - Proverbs 29:2 (KJV). We, with bleeding hearts, are mourning for our country and for our freedom. We must go to the polls and vote to remove these wicked and radical ones from destroying our nation. RIGHT NOW THERE IS AN URGENCY. TIME IS NOT ON OUR SIDE! We cannot put it off any longer.

WE MUST DEFEAT THEM AT THE POLLS! We will never rejoice again until righteousness is in the hearts of our elected officials. "Blessed is the nation whose God is the LORD." -Psalm 113:4 (KJV)

1 U.S. Census Bureau. 2008. | 2Centers for Disease Control and Prevention. 2007. | For full citations, visit www.humanlife.org/did_you_know.php

Watchman no Watchmen: An Appeal to Pastors

God declares through the prophet Isaiah in Isaiah 62:6, "I have set watchmen upon thy walls, O Jerusalem, which shall never hold their peace day or night: ye that make mention of the LORD, keep not silence." According to the Bible, as well as extra-biblical sources, watchmen of old were those appointed to be the instructors of God's people and the ministers of God's teachings. (Ezek. 3:17; 33:7; Isa. 52:8; 56:10).

To this day, the watches in the East are performed with a loud cry as the watchmen go about their rounds. This is done frequently in order to mark the time and also to show that they are awake to their duty. The truth taught here is that we who are appointed as overseers of the people of God and ministers of God's teachings should be ever watchful and unceasing in carrying out our duty.

Furthermore, watchmen who faithfully stand guard on their walls were expected to never hold their peace. We are watchmen on the church's walls, for the church is as a city besieged. It is our God-given responsibility as sentinels on the walls to take notice and warn the people of the motions of the enemy. As watchmen, it is necessary that you and I remain awake, faithful, and even willing to endure hardship when necessary. We must never hold our peace; we must seize every opportunity to give warning in season and out of season, and we must never betray the cause of Christ by a treacherous or cowardly silence. We must pray and not faint, as Moses lifted up his hands and kept them steady until Israel had obtained the victory in battle over Amalek (Ex. 17:10,12).

For whom do we watch, and what should be our cry? We watch over the lives of God's precious people, and one of our cries should be in defense of the many, defenseless, black babies legally dying at a rate of approximately 1.219 everyday in the United States. If you've read Akuu Furlow's article "Reproductive Racism" (p.3), then you realize that Planned Parenthood (PP) was founded by those intent upon the walls, never holding our peace day or night, that make mention of the LORD, keep not silence. According to Cybercast News Service, a recent study found that 62.8% of PP's abortion facilities are located in African American communities. The forces of darkness, through Margaret Sanger and her Negro Project, were successful at infiltrating our community by way of black pastors and ministers, and her Negro Project, were successful at infiltrating our community by way of black pastors and ministers.

I firmly believe God deeply desires to close this door using the very ones who opened it... HIS WATCHMEN! resulting in the deaths of over 13.85 million of our babies, and counting! I firmly believe God deeply desires to close this door using the very ones who opened it... HIS WATCHMEN!

We're living in tough times. Do you know one of the reasons the times are so tough? Because too many watchmen have avoided tackling the tough topics. Whether we address it or not, abortion is one of the predominant problems impacting African Americans today, and far too few of us realize how great a toll it has taken. Our women account for 30% of all abortions, while only making up 14% of the female population of child-bearing age. Our babies are dying by abortion at a rate of more than 445,000 each year. Abortion is the leading cause of death among African Americans. In fact, you can stack HIV/AIDS, violent crime, accidents, cancer, and heart disease one on top of the other and still not come close to the 13.85 million black babies that have died by abortion.

God expects His true watchmen to consistantly carry out the same mission and mandate as Christ. Jesus reveals His kingdom mandate in Luke 4:18-19, "The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised, to preach the acceptable year of the Lord." What will be your response to the truth presented in this article? I pray you will rise up and act...NOW! Proverbs 24:11-12 (NIV) says, "Rescue those being led away to death; hold back those staggering toward slaughter. If you say, 'But we knew nothing about this,' does not he who weighs the heart perceive it? Does not he who guards your life know it? Will he not repay each person according to what he has done?"

May each of us truly be God's faithful watchman upon the walls, never holding our peace day or night, rather to keep silent. Watchmen of today, working to close a door to our community, opened by watchmen of our past.

Rev. Arnold M. Culbreath is the Urban Outreach Director for Protecting Black Life. To contact him call 513-729-3600 or visit www.protectingblacklife.org.
It’s a woman’s choice!

Is it really? Sixty-four percent of women in a 2004 study reported feeling coerced and forced into their abortions.¹ One study showed the leading cause of death among pregnant women is homicide.² In India and China, the preference for sons over daughters coupled with China’s one child policy and forced abortions have led to “gendercide,” sex selective abortion of over 100 million girls.³ This problem is present in the United States as well among Chinese, Korean, and Native Americans.⁴

Not a good quality of life.

Some people choose abortion because they do not want their child to enter a difficult family situation. We do not kill three-year-olds living in unhealthy environments. Instead, we try to help these children and their families. There are more than one million couples waiting, hoping, and praying for a chance to adopt.

Just a blob of tissue.

Simple tissue does not have a beating heart, brain waves, fingerprints, or unique DNA. Medical science shows that human life begins at fertilization. “The development of a human begins with fertilization, a process by which the spermatozoon from the male and the ooye from the female unite to give rise to a new organism, the zygote.”⁵ After fertilization, nothing new is added to the baby except oxygen, nutrition, and time.

Unjustly threatens women’s health.

Countries with laws restricting abortion have the lowest maternal mortality rates. Ireland has laws restricting abortion and also has a maternal mortality rate of 1 death per 100,000 live births, the lowest in Europe.⁶ The United States, with abortion on demand, has 11 deaths per 100,000 live births.⁷ We should ensure that women have access to competent birth attendants and emergency care during their pregnancies.

Safe, legal, and rare.

The end result of an abortion is a dead baby along with potential complications for the mother such as cervical cancer, breast cancer, infertility, psychological pain, and even death.

Abortionists do not care if abortion is rare. Aimee Thorne-Thomsen of the Pro-Choice Public Education Project stated that the number of abortions is “too low” and said, “Safe – yes. Legal – absolutely. Rare – not the point.” Contrary to popular arguments, legalizing abortion does not decrease its prevalence. In 1993, Poland passed a law making abortion illegal, and the number of abortions decreased from 15,000 per year to 174 per year by 2003.⁸

Threatens women’s rights and freedoms.

Our great American freedoms are freedom of speech, freedom of assembly, freedom of religion, etc. You will not find a right to abortion anywhere in the Constitution. We have come too far to reduce a woman’s “right” to mean the right to kill her own children. As a society, we are “anti-choice” when it comes to theft, arson, murder, and a whole host of other crimes. Why should abortion be any different?

I’m personally opposed, but I can’t tell others what to do.

What if U.S. citizens had been willing to accept this justification for tolerating slavery? Our forefathers took away the “rights” of slave owners in order to give freedom and respect to African American people. Our youngest and most vulnerable are still slaves to the life and death decisions of others.

Cases of fetal deformity

Abortion for fetal deformities is a form of discrimination against disabled people and can lead to eugenics, purposefully working to remove unwanted traits from society by preventing the reproduction of those deemed to be weak or unfit. Recent U.S. studies have indicated that when Down syndrome is diagnosed prenatally, 84% to 91% of those babies will be killed by abortion.⁹¹⁰¹¹¹¹²¹¹³ This happens despite waiting lists of people who would be willing to adopt a special needs child.

Elevates the number of back alley abortions.

According to the Centers for Disease Control, 39 maternal deaths occurred due to illegal abortions in 1972 (the year prior to the Roe v. Wade decision that legalized abortion nationally), a process of life is tragic, but this is nowhere near the deceptively high number of deaths the abortion industry claimed. Besides, in 1960, “90 percent of illegal abortions [were] being done by physicians,” said Dr. Mary Calderon, then medical director of Planned Parenthood.¹⁴

The Long-Term Effects of Abortion

- Women who abort can face hemorrhage that requires transfusion, perforation of the uterus, cardiac arrest, endotoxic shock, major unintended surgery, infection resulting in hospitalization, convulsions, undiagnosed ectopic (tubal) pregnancy, cervical laceration, uterine rupture, and death.¹
- Women who abort are more likely to experience ectopic pregnancies, infertility, hysterectomies, stillbirths, miscarriages, and premature births than women who have not had abortions.¹
- Pregnant women who abort have a 6 times higher rate of suicide than those who carry their babies to term.²
- Women who abort are 144% more likely to physically abuse their children.³
- Women who have undergone previous abortions have a 60% higher risk of miscarriage.⁴
- Women who aborted were 65% more likely to be at risk of long-term clinical depression.⁵
- Teenagers who abort are 10 times more likely to attempt suicide than teens who have not had an abortion.⁶
- In the U.S. each year 11%, or about 140,000 women, experience immediate medical complications from abortion.⁷
- Read some personal accounts of abortion at www.silentnomoreawareness.org/testimonies/index.aspx. There is hope and healing after abortion—see page two for post-abortive resources.

Tell us what you think!

humanlifealliance
2855 Anthony Lane S., Suite B7
Minneapolis, Minnesota 55418 USA
www.humanlife.org/651-484-1040
feedback@humanlife.org

*For full citations visit www.humanlife.org/did_you_know.php
One month out of the year, February, we take the time to remember the tragedies and celebrate the triumphs of African Americans in history. We celebrate the fact that we are a strong race that survived horrors and inhumane treatment when we were enslaved people—presumed by many to be less than human.

We came together in the 1960’s when hundreds of African Americans suffered physical torture and sometimes death. All for wanting to experience the American dream and insisting that as American citizens we receive equal rights under the laws of this great country.

Since the 60’s we have continued to make great strides in breaking down color barriers and the walls of inequality. We have become doctors, lawyers, educators, movie stars, corporations and conglomerates. But I worry that many of us in the black community have forgotten what the struggle was all about. In our quest for higher education, bigger houses, better jobs and flashier cars… are we closing our eyes to the fact that more than a thousand of our children die each day by the horrible practice of abortion?

These children are denied their most basic human right— which is the right to life; a right which our ancestors so proudly worked for, marched for and many of them died for. More than 51 million children have been killed by abortion—13.85 million of them were black children.1,2 Abortion has become the number one killer of black people in this country killing more African Americans than accidents, heart disease, cancer, crimes, HIV-AIDS and all other deaths… COMBINED!

We are very quick as a people to recognize racism everywhere else except the one place that truly affects all of us. Most blacks will agree that racism is still very much alive—yet say nothing when abortion facilities are placed purposefully in minority and poor communities. This is no accident! More than 30% of all abortions are performed on black women.2 In 2004, more than 445,000 black babies were killed by abortion.4,5

We must realize that abortion is a multi-million dollar a year business that makes money by killing our children.

Abortion providers need us to make their blood money. If we as black people say “NO!” to abortion—the industry will cease to exist. We are the underground railroad of our time, and it’s up to us to make abortion a thing of our historical past. If we stand united against this horrific practice…. we shall overcome this, too.

Day Gardner is the founder and President of the National Black Pro Life Union and Associate Director of the National Pro-Life Center on Capitol Hill. To contact her call 202-834-0844 or visit www.nationalblackprolifeunion.com.


**The most recent year for which statistics are available.**

**For Chart Abortion Numbers:** Centers for Disease Control and Prevention. 2008.